

HOT BEVERAGES

Organic Coffee or Tea	\$3.95
Hot Apple Cider	\$3.95
Hot Chocolate	\$3.95
Espresso	\$4.60
Americano	\$4.60
Cappuccino	\$5.60
Latte	\$5.60
Mocha	\$5.60
Flavour Shot	\$0.75
<i>vanilla, hazelnut, caramel</i>	

ICED

Americano	\$4.60
Latte	\$5.60
Mocha	\$5.60

ALCOHOL

Baileys Latte	\$10.85
BC VQA Wine (5oz)	\$9.00
Local Craft Beer 354ml	\$7.60
Local Craft Beer 473ml	\$9.85

BOWLS

Roasted Tomato Soup	\$11.75	 
Chicken Fingers & Fries	\$15.95	
<i>with honey mustard dipping sauce</i>		

SMOOTHIES | \$9.25

add vanilla protein powder \$3

Tropical

pineapple, mango, banana, coconut milk

Blueberry Cashew

banana, blueberry, mango, cashew





HOT SANDWICHES

All sandwiches come with side of coleslaw or fries

Tomato Bocconcini Pesto Panini

heirloom tomato, bocconcini, arugula, pesto on sourdough

\$16.95 

Pesto Chicken and Bacon Panini

roast chicken, bacon, Gouda cheese, arugula, pesto on sourdough

\$17.75

Reuben

Montreal smoked meat, sauerkraut, cheddar cheese, dill pickles, Dijon mustard on rye bread

\$17.75

Grilled Cheese

\$11.95 

Hot Dog

\$11.95

KIDS MENU

Grilled Cheese \$8.95

Hot Dog in a Bun \$8.95

Chicken Fingers & Fries \$11.75



VEGETARIAN



GLUTEN FREE



DAIRY FREE



VEGAN